



MONTHLY MEETING
2pm TUESDAY 24th MARCH
at The Gateway, Seaton



'40 YEARS ON AND STILL FRIENDS'

A talk by the staff of Seaton League of Friends

In 2024, the League celebrated a milestone birthday, as for 40 years it has been supporting the health and wellbeing of the local community. There has been much change within the NHS in that time, and healthcare now looks very different, however the League has continued to support those in need with compassionate care and local services. Come and hear about all we offer today, and about our plans for the future.

COMMITTEE

Annual Membership

Your Seaton u3a annual subscription is due on 1 April. It is just £15 for the year (less £4 if you are a member of another local u3a branch). Subs can be paid online via direct bank transfer (preferred) or by cash or cheque at the March or April monthly meeting. £11 of the subscription pays for Seaton u3a's monthly meeting costs and administration, the remaining £4 goes to the u3a Trust for our insurance, music licence and access to support. This also has the benefit that every Seaton u3a member can join the national u3a's online community which includes Groups, competitions and other events. Details of these national online activities are available at <https://www.u3a.org.uk/>

The fees you pay to your Group Leader covers the costs of that specific Group, e.g. its venue hire and refreshments.

AGM Reminder

Please note that the AGM will be held at the monthly meeting on Tuesday 28 April, before the presentation.

Can you help?

A number of committee members and helpers are standing down at the AGM on Tuesday 28 April. In all cases, they are more than willing and able to help any new volunteer and provide a handover period.

Geoffrey is standing down as **Chairman**:

"When I took on the chair of Seaton u3a last year, I was looking forward to possibly serving for three years. But, as often happens, events overtake us and for domestic reasons I need to move away from Seaton this summer. I am sorry about this, not only because I do not like letting people down, but also because I have enjoyed the role very much and I shall miss you all!

For anyone thinking about being nominated I have to say that the role is not onerous, mainly because we have such an excellent team of people on the committee who ensure that everything is run very smoothly and efficiently."

Joan is standing down as **Treasurer**:

"I've been in the role of Treasurer for three years now, so it is time for me to stand down from both that and as a trustee on the committee. The vacancy came up only a few months after I joined the u3a and I felt it would be a good way to get to know people and have a better understanding of the organisation of the u3a and what was on offer. I took it on not long after I retired and I wanted to find something to keep my mind active. Around the time of membership renewals it is busy, but otherwise income and expenditure is spread out across the month. The role involves working closely with the Membership Secretary to ensure that the membership list is accurate and also keeping the committee updated on the current state of the accounts. There's a great sense of achievement in keeping the books balanced. I've really enjoyed the role and I hope someone will take this on and enjoy it as much as I have."

We also need a new **Membership Secretary** as Derek has served many more years than he should, but he has offered to continue as Beacon and Website Administrator! Sandy is standing down as **Groups Coordinator** so, again, a replacement is sought.

Last, and by no means least, there are 2 roles which do not necessarily need to be people who sit on the committee - firstly, the **Refreshments Coordinator** (currently Gaynor) who organises the rota to help with serving tea/coffee and biscuits at the monthly meetings, and secondly, the **Speaker Secretary** (currently Val) who books and liaises with the monthly meeting speakers.

We thank all these helpers profusely for their contribution – so take a bow Gaynor, Val, Sandy, Derek, Joan and Geoffrey! If you wish to help, please contact either the present volunteer or Claire (the Secretary) via u3aseaton@gmail.com. Nomination forms will be sent out with the formal AGM notification emails and letters shortly.
